



*Omega Psi Phi Fraternity, Inc.*  
*From the Desk of Demetris A. Green Sr., MD*  
*Rho Beta Beta Chapter*



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February 2, 2018

Report for Health Initiative

Greetings Brothers,

The Health Initiative Committee met on January 10, 2018 at my medical office located at 2646 South Loop West, Suite 220. This meeting was held in collaboration with the Suburban Houston Fort Bend County chapter of Delta Sigma Theta Sorority, Inc. We continued the planning of the Heart Health Symposium which will be titled "Affairs of the Heart II" to take place on February 24, 2018. The symposium is being held at the Pinnacle Senior Center as same as last year. The time of the symposium will be from 8:00 AM to 12:00 PM. We have finalized the attached agenda for the event. We plan to have our last meeting prior to the event at The Pinnacle Senior Center located at 5525 Hobby St., Houston, Texas 77053 at 7:00PM.

Fraternally yours,  
Demetris A. Green, Sr. MD- Committee Chair  
4-Spring '90-Rho Beta Beta Chapter Life Member  
National Life Member #6088  
9<sup>th</sup> District Life Member#10

Attachment: Program

*Delta Sigma Theta Sorority, Inc.*  
*Suburban Houston – Fort Bend Alumnae Chapter*  
*Omega Psi Phi Fraternity, Inc.*  
*Rho Beta Beta Chapter*

**Affairs of the Heart II**  
**2018 Heart Health Symposium**  
**Pinnacle Senior Center**  
**February 24, 2018**

8:00 AM to 8:50 AM	Registration Vendors (AHA, Pinnacle, BCM, Methodist) Blood Pressure Checks, Cholesterol Screening Breakfast
8:50 AM to 9:00 AM	Opening
9:00 AM to 10:00 AM	Symptoms of Heart Disease in Men You Should Not Ignore Corey J. Scruggs, MD, FACC
10:00 AM to 11:00 AM	Facts about Heart Health in Women You Should Know Simbo M. Chiadika, MD, MPH
11:00 AM to 11:20 AM	Break/Vendors
11:20 AM to 12:00 PM	Nutritional Recommendations for the Healthy Heart Celeste Palmer, MD, FAAP Certification in Plant-Based Nutrition
12:00 AM to 12:10 PM	Wrap up of morning session
12:30 PM to 1:30 PM	Yoga Class Life Love Laughter Yoga Instructor Lequida Pearson