



Omega Psi Phi Fraternity, Inc.
From the Desk of Demetris A. Green Sr., MD
Rho Beta Beta Chapter



June 1, 2018

Health Initiative Report

Greetings Brothers,

The Rho Beta Beta Chapter will be partnering with the Alpha Kappa Omega Chapter of the Alpha Kappa Alpha Sorority, Inc. for "The Longest Day" at the Fountain of Praise Center located at 13950 Hillcroft St, Houston, TX 77085. The Alzheimer's Association along with AARP, and Care Connection will also be collaborators. This is an all-day event to honor the strength, passion and endurance of those facing Alzheimer's disease. The target audience will be caregivers, the community, and members of the Alpha Kappa Alpha Sorority and Omega Psi Phi Fraternity. We have had several teleconferences during the past month. The next meeting will take place at the Fountain of Praise on June 6th at 6:30 PM. There will be a promotional event where members of both chapters are requested to dress business casual in their respective colors. I want to thank Brother Michael Ramsey for volunteering to DJ for the morning events for which I have attached a copy.

The SEC form has been submitted for our 5th Annual Men's Health Symposium at Lilly Grove Missionary Baptist Church on September 8, 2018.

Fraternally yours,
Demetris A. Green, Sr. MD- Committee Chair
4-Spring '90-Rho Beta Beta Chapter Life Member
National Life Member #6088
9th District Life Member #10

Alpha Kappa Alpha Sorority, Incorporated - Alpha Kappa Omega Chapter

Rho Beta Beta Chapter of Omega Psi Phi Fraternity, Alzheimer's Association, Fountain Life Center

Longest Day **MORNING SESSION 11:00 am - 1:30 pm**

Time		Activity	Room (occupancy)
9:00 - 10:30 am		Setup	
10:30 - 11:00 am		Set-up and Ready to Go to greet all guests	
11:00- 11:15 am		Registration	Foyer
		Photo Op (Step and Repeat background)	Foyer-Entry far left or far right
		Welcome/Greetings	Assembly Room (802)
11:15 am - 12:30 pm		ONGOING - Caregivers, only	
		Healing Hands (Hand Massages)	Room 101 (25)
		Take Five and Feel Alive! (Chair Massages)	Room 102 (25)
		Blood pressure screenings	Room 103 (25)
		Caregiver stress test/screenings	Room 104 (25)
11:15 - 11:35 am		Round 1: (X) Rotation	
	X	Healthy Cooking Demonstration	Room 105 (28)
	X	Exercise - Yoga	Assembly Room (802)
	X	Art Therapy	Room 106 (27)
	X	Craft Activity	Room 107 (25)
	X	Games	Room 108 (25)
11:35 AM - 12:35 pm		Lunch (light)	
11:35 - 11:45 am		Rotate to A New Room	
11:45 am - 12:05 pm		Round 2: (X) Rotation	
	X	Healthy Cooking Demonstration	Room 105 (28)
	X	Exercise - Yoga	Assembly Room (802)
	X	Art Therapy	Room 106 (27)
	X	Craft Activity	Room 107 (25)
	X	Games	Room 108 (25)
12:05 - 12:10 pm		Rotate to A New Room	
12:10 - 12:30 pm		Round 3: (X) Rotation	
	X	Healthy Cooking Demonstration	Room 105 (28)
	X	Exercise - Yoga	Assembly Room (802)
	X	Art Therapy	Room 106 (27)
	X	Craft Activity	Room 107 (25)
	X	Games	Room 108 (25)
12:30-12:35 pm		Rotate to Main Room	
12:35 - 12:45 pm		Line Dancing	Assembly Room (802)

12:50 - 1:20 pm	Alzheimer's Panel	Assembly Room (802)
1:20 - 1:30 pm	Closing remarks, picture, thanks, prizes	Assembly Room (802)
	Distribute swag bags on way out	

Notes: Room assignments- Occupancy in parentheses

Use Room 109 (25) to secure/store swag bags